Folding Clothes

1. Find a flat surface to fold clothes on.
2. Lay the T-shirt out flat.
3. Fold the sleeves onto the shirt.
4. Fold the t-shirt down on the shirt and take the top 1/3 of the shirt.
5. Fold the remaining 2/3 of the shirt over.
6. Fold the shirt onto itself at the collar.
7. Set to the side.
Folding Clothes

1. Lay the pants or shorts out flat.
2. Fold the rest of the pants or shorts on itself.
3. Fold the pants 1/3 of the way down.
4. Fold the leg of the pants over the other leg.
5. Repeat with all the shorts or pants.

M
Goal – Plan – Do – Review

GOAL:
What do I want to accomplish? What is the goal?

PLAN:
How am I going to accomplish the goal? List all steps.

Prediction:
How well will I do?

1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10
Not well at all
Almost perfect

How much will I get done?

(Based on Haskins et al., 2012)
Goal – Plan – Do – Review

DO:

What problems did I find?
1.
2.
3.

What solutions?
1.
2.
3.

REVIEW:

How did I do?

1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10
Not well at all

Almost perfect

What worked?
1.
2.
3.

What didn’t work?
1.
2.
3.

What will I try differently next time?

__________________________________________

__________________________________________

__________________________________________

__________________________________________

(Based on Haskins et al., 2012)
Goal – Plan – Do – Review

GOAL:
What do I want to accomplish? What is the goal?

PLAN:
How am I going to accomplish the goal? List all steps.

DO:
Execute the plan.

REVIEW:
How did I do? What worked? What didn’t?