



HEADWAY

Brain Injury Association of Maryland Newsletter



Come Join Us for our End of Summer Crab Feast!

WHEN: Sunday, September 10, 2017

WHERE:

Key Brewing Company Tap Room
2500 Grays Rd,
Dundalk, MD 21222

TIME: 1:00pm - 4:00pm

Visit our website for more information!

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Bryan Pugh
Executive Director

Caitlin Exline Starr
Manager of Support Services

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Outreach Coordinator

Message from the Board President

As the President of the Board of the Brain Injury Association of Maryland (BIAMD) I have met many wonderful survivors and their families. I am always awed by your strength and courage and “never give up” attitude. BIAMD works hard every day to provide education and support for all of you and all of the professionals who support you.

To meet our goals we must, of course, fund raise. Along those lines we have 2 great events in the next several months. First, we are planning our first ever crab feast in September! MARK YOUR CALENDARS for September 10 at the Key Brewing Tap Room. More details, and tickets, will be available soon but it promises to be a fun and delicious event!

Our second Fall event is the annual Scarecrow 5K & 1 Mile Walk/Fun Run. The date is October 8, 2017 at UMBC in Catonsville. This event is great for individuals and families, children and seniors. You don't have to be a runner. Just get your family and friends together and join us. We rally survivors, families, friends, and supporters around the common goal of raising awareness about brain injury within the community and providing much needed funding to support the programs and initiatives of BIAMD. We will open registration soon on our Website.

I look forward to seeing you at our Fall events!

Most Sincerely,
Sharon Christie, Esquire
President, Brain Injury Association of Maryland

BIAMD Membership: Renew or Join!

The Brain Injury Association of Maryland relies on your membership dues and donations to assist in the execution of our special projects and to assist families and survivors. If you have not yet joined, we strongly urge you to do so! It is important that individuals with brain injuries, their families, and the professionals in the field all work together to develop services, legislation, and support systems. Please remember, we cannot do this without your help!

To renew or join, please contact Bryan Pugh at:
410.448.2924 or 1.800.221.6443 or online at: www.biamd.org

The Brain Injury Association of Maryland BIAMD, a non-profit 501©3, and membership based organization
All contributions are tax deductible

Message from the Executive Director

Summer is typically a time of relaxation, rejuvenation, and, if we are lucky...VACATION. That being said, the Brain Injury Association of Maryland continues to respond to around 300 phone calls a month from our Maryland Brain Injury Connection Center (1.800.221.6443) and is energetically planning its next two Fall Events, Blue Crabs 4 Brain Injury and the Scarecrow Classic 5k and 1 Mile Walk. This past year has been exciting from a newly reinvigorated Brain Injury Awareness Month and Annual Conference, to an ever-growing presence in statewide and national trainings, meetings, and conferences.

Our work on behalf of the brain injury community is more important than ever during this time of cultural and political change. Through our online connections, members and friends living in Maryland have been encouraged to advocate to the state legislature to stabilize and improve support the brain injury community. Through our blogs and social media initiatives, our community can get updates on the latest research, policies, accomplishments, and inspirational stories to spread help and hope throughout Maryland and beyond. As the number of individuals living with brain injuries increase to record levels, so to do the number of individuals looking for information and assistance on our helpline, website, and social media contacts. We are continually updating our technology to improve our efficiency without losing quality, and working to strengthen our collaborations with healthcare providers and other advocacy groups. All these initiatives are geared toward manifesting our mission of improving the lives of Marylanders living with brain injury.

Much of our success is the direct result of your unwavering commitment to the work we do. In this issue of “Headway,” we hope you will enjoy reading the success stories, hearing about the individuals that inspired us this year, and seeing photos from Conference Awards Ceremony. Your support—time, talent, and treasure—is integral to ensuring BIAMD’s ability to thrive. Whether you volunteer at an event, join a local support group, or make a gift, you are contributing to the success of BIAMD. Thank you for your past and future participation and generosity, and enjoy the rest of your summer!

Sincerely,

Bryan Pugh
Executive Director

END OF SUMMER CRAB FEAST

WHEN

Sunday, September 10, 2017
1:00pm - 4:00pm

WHERE

Key Brewing Taproom

2500 Grays Road Dundalk, MD 21222



[HTTPS://WWW.EVENTBRITE.COM/E/BLUE-CRABS-4-BRAIN-INJURY-TICKETS-36333052137](https://www.eventbrite.com/e/blue-crabs-4-brain-injury-tickets-36333052137)

**ALL AGES
EVENT**

**EARLY BIRD
TICKETS**

\$65 Per Person
\$400 for a Table of 8
Pricing ends August 28, 2017

**REGULAR
TICKETS**

\$75 Per Person
\$500 for a Table of 8
August 29, 2017 -
September 8, 2017

MENU:

ALL-YOU-CAN-EAT CRABS
Crab Soup
Hot Dogs
Sauerkraut
Baked Beans
Salad
Mashed Potatoes
Soft Drinks
Beer & Wine for Purchase

BENEFITING

All proceeds go to support
our Maryland Brain Injury
Connection Center
(800.221.6443) which
responds to over 300 calls
per month from families and
healthcare providers
dealing with brain injury.

Brain Injury Awareness Day in Annapolis

March 2017

Brain Injury Awareness Day in Annapolis
March 1, 2017 -House Office Building, 6 Bladen Street, Annapolis, MD

This BIAMD hosted event is an annual opportunity for Marylanders to join us as we meet with our representatives in Annapolis in person or virtually through their online or over the phone communications. These conversations with legislators were about the needs of individuals with brain injuries, their families concerns, and the effects on communities across the state. This Brain Injury Awareness DAY event was a great way to kickoff March Awareness month! Brain Injury Awareness Day is a day to make brain injury visible by sharing your story however you're able, contact legislators and or by coming in person to meet others.



Laurie Ellinoff (left), and Martin Kerrigan (right), during the TBI Advisory Board meeting in Annapolis

We hope that you will be able to join us and participate by sharing your story next year!

Help make brain injury visible!

Recap: Brain Injury Awareness Month

HELP MAKE THIS “INVISIBLE” EPIDEMIC VISIBLE.

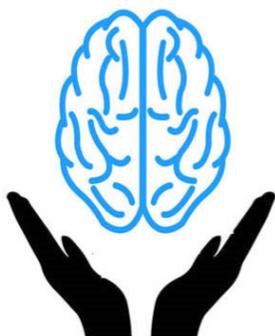
The campaign theme- the meaning behind why we are using its awareness color blue, throughout the campaign logos and customized in our event hashtag #BLUE4BrainInjuryMD to help folks use the logos and wear etc. the color blue to identify with the message and help make brain injury visible in addition to sharing their personal stories to generate conversations more easily



Our “artwork”, solid head with thumb inside it and individual blue thumbs up logo, represents showing your support for awareness for this invisible epidemic Marylanders are struggling to live with and their family members. And the blue solid head profile with thumbs up inside logo: is for same purpose as the other one to be used by provider service entities, gov agencies, individuals to print out or share into their social media to promote the campaign and their support for brain injury awareness and that the BIAMD is the place to turn to for help, information and resources no matter the cause of the brain injury, not just traumatic causes.

This is an annual opportunity to attend in person or participate from wherever you are in Maryland with us to make brain injury visible and your voice heard by legislators. Advocacy and Awareness together! The DAY to bring awareness across Maryland by phone, face to face conversations with Maryland delegates, engagement online via your emails and in social media. It's about getting involved to help reach out to your neighborhood residents albeit (civilian, military or veteran) businesses, community agencies, schools, students, medical professionals and news media and radio stations.

BIAMD 29th Annual Educational Conference



March 2017, was a very joyful and busy month for the BIAMD. On March 23rd and 24th, BIAMD held their 29th Annual Conference (the Conference) which reached approximately 450 professionals, family members, caregivers, and survivors. The Conference held 40 break-out sessions that included topics such as: Innovative Use of Omega-3 Fatty Acids in Brain Trauma, Nonverbal Communication in Conversation, De-Escalation Techniques, Cannabidiol and the Brain, How to Deal with Substance Abuse/Misuse after Brain Injury, Music Therapy, and Mental Health in Children and Adolescents with Brain Injury. These topics, and more, provided everyone who attended with additional knowledge and understanding of brain injury by exploring multiple different aspects of brain injury.

Keynote Speakers at the Conference included: Dr. Gregory O'Shanick, Medical Director of the Center for Neurorehabilitation Services in Richmond, VA, Steven Benvenisti, Personal Injury Attorney, Alison Cernich, Director of the National Center for Medical Rehabilitation Research, and Carole Starr, author and brain injury survivor. Dr. Gregory O'Shanick explored the concerns he expressed 14 years ago about brain injury and several crucial measures and the need to avoid or minimize the issues relating to the injuries, how the issues have been addressed since, and consider what more needs to be done now that we are a decade and a half later. Steven Benvenisti, discussed his hardest case yet which involved a college student hit by a drunk driver. Through this compelling story, we found out how he continued to succeed and thrive after such a catastrophic injury. Alison Cernich provided an explanation of the types of research funded by NIH in the area of traumatic brain injury, programs and research networks focused in brain injury, and update the conference on recent workshops and conferences funded by NIH to support the brain injury community. Carole Starr, in the closing keynote speech passionately discussed the challenges presented by conflicting outcome predictions by members of the medical and professional community. She also emphasized the compensatory strategies that helped her forward and discussed her Weasiliance.

BIAMD's Conference was funded through the generous donations of amazing sponsors (listed on the next page). BIAMD greatly appreciates the support of the sponsors, and the resources they provide. We would also like to thank the conference planning committee, the attendees, the speakers and all of the exhibitors. Finally, we extend a very special thank you to our silent auction committee who helped us raise over \$6,000 in 2017! It is because of you, our generous donors, volunteers, committee members, and attendees, we are able to present quality programming year after year.



Silent Auction Bidding!



50/50 Measurements in front of Sinai Hospitals display!



Handmade necklaces and earrings from the artists corner!

Thank You to Our Conference Sponsors!

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State of Maryland Interagency Resources

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Mary T. Maryland
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HIRRS
The Johns Hopkins Brain Rehabilitation Program
Western Maryland Hospital Center

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Services



Special thanks to the following for generous donations

to the Frances Bateson-Dexter Educational Scholarship Fund (the Frances Fund):

ALCO Pharmacy, The Pile Family, John Dexter, The Posner-Wallace Foundation, Leslie Wenger, Rose Neuben

Frances Bateson-Dexter Award

In appreciation of their dedication to and support of the work of the
Brain Injury Association of Maryland.



Pamela Jordan, Caroline Jordan and
Bryan Pugh (BIAMD Executive
Director)

In 2016, after leaving an inpatient rehabilitation facility for substance use, Caroline was involved in a horrific car crash that changed her life. Caroline went through many different hospitalizations and rehabilitation programs which continued to move her forward and be able to be who she is today. Since Caroline's tragic injury, Caroline and her mother Pam have been amazing advocates for the BIAMD. From being present at the different events, to hosting an awareness event and raising money for the BIAMD, they are always standing by. Their compassion and advocacy on behalf of individuals who have sustained a brain injury, as well as the BIAMD have been astounding. Pam also actively encourages staff in her agency to have training on brain injury in case they were to work with individuals with those issues. Pam and Caroline have helped raise hundreds and hundreds of dollars from the event they held in honor of Caroline's recovery. Giving back and paying forward are both characteristics that make the Jordan's so special and so important to the work of BIAMD. In March of this year, at BIAMD's Annual Conference, BIAMD honored Caroline Jordan with the Frances Bateson-Dexter Award, named after the BIAMD member who was the organization's longest-serving executive director and a champion for those with brain injuries. This award is in recognition of Caroline and Pam's support of BIAMD, and their passion for serving Maryland's brain injury community.

Caroline Jordan with the Frances Bateson-Dexter Award, named after the BIAMD member who was the organization's longest-serving executive director and a champion for those with brain injuries. This award is in recognition of Caroline and Pam's support of BIAMD, and their passion for serving Maryland's brain injury community.

Organizational Leadership Award

In appreciation of an organization's dedication to and support of the work of the
Brain Injury Association of Maryland.



Paul Wenger and Bryan Pugh
(BIAMD Executive Director)

Each year the Brain Injury Association of Maryland bestows its highest award, the BIAMD Organizational Leadership Award, to the company or institution that most embodies the mission and philosophy of the Association. These companies are both supportive partners with BIAMD and socially responsible leaders in their communities. They clearly demonstrate that profits and philanthropy are not only mutually compatible, but are essential pieces to a truly successful company. The award is presented during BIAMD's Annual Conference in March. Over the years, BIAMD has been blessed to recognize some of the most progressive and generous companies and institutions in Maryland and beyond, and this year was no exception.

Since its founding in 1995, Flagship Cinemas has been an innovator in high quality entertainment for families and businesses in the communities it serves. With theaters in Maine, Massachusetts, Vermont, Maryland, Pennsylvania and Florida, Flagship Cinemas focuses its charitable contribution efforts on children and families in those states. When the owners learned of the challenges faced by families with autistic children trying to take their families to the latest kid's movies, they worked to design a theater experience that all could enjoy. By increasing the lighting during the showing, lowering the sound, and limiting the numbers of patrons to only those with autistic children, Flagship Cinemas created a complete movie going experience for families that were formerly relegated to watching the latest movies only after they came out on DVD. Whenever BIAMD needs a sponsor for its numerous events, or silent auction items or door prizes, Flagship Cinemas is always right there with funding, ticket packages, or movie passes. We are proud of our relationship with Flagship Cinemas and grateful for all they have done and will continue to do to help us help others. This year, BIAMD was proud to present Flagship Cinemas with its 2017 Organizational Leadership Award in appreciation of its dedication to and support of the work of the Brain Injury Association of Maryland.

Partnership for Independence Award Winners

Presented in recognition of people who have made contributions to improving the quality of life for individuals with brain injury.

Below are the words of the individuals who nominated the winners, summarized from their speeches.

Individual who has sustained a brain injury: Laura McKee

While Laura McKee was not able to join us during the conference, Bryan Pugh read the submission her husband, Gary, wrote about her.

“My wife fell on 9-29-14 off a ladder 12’ in our garage. She incurred 5 hematomas and a broken back. She has overcome the TBI to become an even better mother of 5 and a wife of 25 years. She passed her real estate exam in Maryland and has been successful in her new career and even though she still will always feel the effects of her TBI, she never complains. I can’t tell you how hard this has been for her but I can say my 5 kids and I are very proud of her and how far she has come.”

We were honored to be able to hear an amazing tale, and award her this award. BIAMD met with the family later to give them the award.

A family member/partner/or friend of an individual with a brain injury: Mary Longest



**Tom Longest, Brandon Longest,
Daniel Longest, Mary Longest, Bryan
Pugh (BIAMD Executive Director)**

Mary has been a true Angel to my life and Brandon and Daniel. We lost everything when I fell in September of 2007, from our careers with 6 figure incomes, to all our finances and nearly our home and had to start our life over. More importantly we lost our sense of the family we once knew as so many others due when they sustain a brain injury, that will never be the same.

However, when this tragedy struck our lives, Mary did what she promised over 23 years ago when we made vows to each other, for better or worse. She stayed and became not only my wife, but my caregiver, the mother and father, sole financial supporter and so much more. She has had to deal with what will now be a lifetime of challenges handling my brain injury issues with the love of a saint and the heart of a warrior.

Over the years Mary has shown us all how to be strong in her faith in God through her actions, not words. Some of the countless things she has done for the brain injury community include, facilitating a TBI support group for over 2 years in Timonium, has helped dozens of families one on one over the phone and in person to understand the many ways to embrace and support caregivers and survivors as their lives have been affected. She has spoken on NPR to educate others of the important role a caregiver has, volunteered many hours at events, spoken at the conference, donated time and money and whatever she could to help serve BIAMD and the brain injury community.

Mary has done all this while simultaneously having to rebuild her own career because I was no longer able. She learned on her own how to run a new business, create and manufacture a new product from the ground up when so many said it couldn't be done and literally laughed in our face when we had nothing, had to deal with every aspect of the business from accounting to the mirage of paperwork required to do business with the government and faced challenges that even most would not have to do even in a normal life. She had to deal with the hardship of seeing our lives change overnight and accept help from others when she was always the one helping and giving back. Mary did this all with a heart of peace, love, character and integrity through her faith in knowing we will make it through, like no one I have ever known. Brandon and Daniel were only 8 and 11 at the time and now they're 20 and 17. Brandon is in his 3rd year at Maryland college park with a double major in business and technology and looking forward to a successful career as a man who will certainly give back to society the way he has been raised by this superwoman. Daniel is in his senior year at Dulaney High school and also looking to go to Maryland where he will be following his passion for music, serving others and giving back in the countless ways he has done throughout his life volunteering for countless charities over the years as he has been shown by example. Daniel has over 800 official volunteer hours, when only 75 are required to graduate high school and I am so proud to say that in his entire school career, 13 years, he has never been late or missed a single day of school. This did not come without the love, sacrifice and leadership of Mary who again, has done more than any wife should ever be asked to do in a marriage or even in any lifetime.

Partnership for Independence Award Winners

A healthcare professional who has made a significant or courageous contribution to the brain injury community or their patients: Anna Miller



Bryan Pugh (BIAMD Executive Director), Anna Miller, Laura Morgan

On the first day of my clinical fellowship in Speech Pathology, I met my co-worker, Anna Miller. Like me, she had recently graduated from a Master's program and had just begun this intense practicum experience. Sharing daily commutes, we quickly became close friends, but I couldn't have imagined how important this new friendship would become to me.

Only 4 months after starting this job, I was a buckled passenger in a very serious car accident. I sustained a Moderate-Severe TBI and broke Several bones, including two spinal vertebrae and my jaw. Despite having only known each other for several months, Anna remained a very present, encouraging and motivating friend throughout my recovery. She visited me when

I was still unconscious in the hospital, to when I was able to hold long conversations in which we explored and formed clinical applications from our observations.

We have shared these reflections in multi-media presentations and in an essay published in the American Speech Language and Hearing Association magazine. As a Certified Brain Injury Specialist, I know Anna will continue to use her unique, first-hand experience as a supporting friend to encourage and educate other Brain Injury Survivors.

A supporter or advocate who has made a contribution to Maryland's brain injury community in his or her official capacity or through work: Linda Hutchinson Troyer



Mark Huslage, Linda Hutchinson-Troyer, and Bryan Pugh (BIAMD Executive Director)

Linda Hutchinson-Troyer has been a dedicated player in the field of brain injury for over 20 years and a true role model to all professionals who have worked beside her. Here is what a few colleagues have said:

“She is empathic, intelligent and as friendly a person you will ever meet. She’s an assertive and steadfast advocate in getting patients the care and support they need. She’s an attentive listener who is genuinely interested in others and improving their quality of life.”

“She carries a large caseload of clients, so I’m constantly amazed that she has on the tip of her tongue details not only about their medical concerns, but important issues regarding their family, and even specific details such as hobbies or even names of family pets.”

“Aside from her clinical duties, she is always motivated to learn from others, as well as provide education and community outreach. I feel honored to have the privilege to work with her, as she is truly a gifted individual”

There is a wonderful balance of professionalism and friendliness about her that creates easy connections with all whom she comes in contact. Her breadth of knowledge about brain injury (and everything else in Central Maryland, for that matter) is staggering and helpful to others. Her advocacy comes from the heart and consistently focused on creating a better world for individuals who have sustained a brain injury, and their families. Although always involved with Maryland TBI initiatives, she recently has applied her talents in more significant ways via her position on the Maryland TBI Advisory Board. She was part of the small team that developed and passed the Maryland TBI Trust Fund, was intricately involved in the passing of the Maryland Youth Concussion Act, and has sat at many tables advocating for the expansion of services for TBI survivors.

4th Annual Strike It Big



The summer of 2017 has brought the BIAMD a lot of joy, but not compared to hosting the 4th Annual Strike-It-Big, which was held in April at AMF Pikesville Lanes. While the weather outside was grey, with the threat of rain, it did not dampen anyone's spirits at this fun event! With close to 15 volunteers, and almost 200 participants, it was a packed fun filled day.

There were other activities for those who decided not to bowl. Between the arcade games, pizza, and door prizes, (which were awarded to many lucky individuals), there was only fun to be had! Door prizes included a cap from Ralieghs Oysters, BIAMD socks, BIAMD running shirts, and movie tickets!

Through our amazing sponsors and fantastic door prizes, the BIAMD was able to raise nearly \$3,000. BIAMD would like to thank all of our sponsors for their generous support, and our amazing planning committee which worked so diligently to make this event a huge success! Keep an eye out for updates, and the BIAMD hopes to see you again next year!



Family gathering



Let the fun begin!

Thank You STRIKE-IT-BIG Sponsor!



Brain Injury Association of Maryland in the Community

April 21, 2017

**25th Annual Southern Maryland Caregivers Conference
California, MD**

Designed for the family caregiver, the Southern Maryland Caregivers Conference is a wonderful opportunity to improve the community's knowledge and skills in caring for an aging individual or for someone with disability. The conference typically includes a continental breakfast, lunch, conference materials, exposure to service providers in the exhibition area, and the opportunity to attend professionally presented educational sessions on caregiving-related topics. BIAMD provided in-person information and assistance on brain injury and brain injury prevention to the attendees.

April 22, 2017

**T&G Crazy Wheels Grand Opening
Baltimore, MD**

T&G Crazy Wheels LLC is a non-profit community bike shop developed in the Sandtown-Winchester neighborhood which was devastated by the Baltimore riots in 2015. The bike shop provides local young people with a shop space to experiment with fixing and building bikes, and other after school activities. While they work on the bikes, young people in the community develop crucial social and mechanical skills. Every hour they work in the shop goes towards earning their very own bike with no cost to them. BIAMD agreed to provide a properly fitted helmet to every child who earns a bike, and were proud to participate in the ribbon-cutting and kick-off of this fantastic endeavor.



**Alicia Cignatta (Outreach
Coordinator) at the T&G Crazy Wheels
Grand Opening**

April 28, 2017

**Virginia Brain Injury Council
Richmond, VA**

The Virginia Brain Injury Council (VBIC) is a statewide advisory council whose mission is to promote accessible, affordable, and appropriate services for Virginians with brain injury and their families by advising the lead state agency for brain injury, the Department for Aging and Rehabilitative Services. BIAMD was the guest of the Brain Injury Association of Virginia, who invited us to network, experience VBIC's new member orientation, and provide perspectives from a neighboring state.

May 8, 2017

**Department of Rehabilitative Services (DORS) – Brain Injury Training Session
Annapolis, MD**

DORS helps people with physical, emotional, intellectual, developmental, sensory and learning disabilities go to work by providing services such as career assessment and counseling, assistive technology, job training, higher education, and job placement. DORS has specialized services for people whose primary disability is acquired brain injury (ABI) and works with our community partners to provide individualized, long-term, and ongoing support services to people with ABI to help them get and keep a job. BIAMD was invited to present on information and resources available within Maryland's brain injury community.

Brain Injury Association of Maryland in the Community Cont.

May 23, 2017

**Maryland Association of Non-Profits – Bringing the Best Practices Home
Baltimore, MD**

As a member of the Maryland Association of Non-Profits (MANO), BIAMD was invited to attend MANO's Standards of Excellence Implementation Workshop. The Standards for Excellence Institute aims to raise the level of accountability, transparency, and effectiveness of all nonprofit organizations to foster excellence and inspire trust. The Standards for Excellence code (Standards, or code) provides a framework and step-by-step guidelines to achieve a well-managed and responsibly governed organization. Executive Director, Bryan Pugh, and Caitlin Starr, Manager of Support Services, both attended the full day of training. In conjunction with its Board of Directors, BIAMD intends to continue its efforts at implementing best practices in all aspects of the organization.

June 23, 2017

**Maryland Violence and Injury Prevention Program
Annapolis, MD**

BIAMD was invited to participate in the first statewide Maryland Violence and Injury Prevention Forum on June 23 as part of a new CDC injury prevention grant. The forum was an opportunity for State and Local partners to come together to learn about injury prevention priorities and activities underway at the State and local level. There were data presentations, expert-led topic discussions, and hands-on activities to allow participants to network and work on an injury topic/focus area/problem together. Executive Director, Bryan Pugh, facilitated the Traumatic Brain Injury breakout session. Both the forum and the TBI breakout session were well attended.

July 10-12, 2017

**American Marketing Association (AMA) Non-Profit Marketing Conference: Do Good. Be Great.
Washington, D.C**

The AMA provides many ways to connect with a world of marketing experts. BIAMD attended AMA's annual in D.C. together with hundreds of other Non-Profit Executives, program staff, development personnel to build relationships, solve marketplace challenges and create invaluable networks. With a theme of learning to do more with less, we came away with dozens of new ideas which we will be implementing throughout the upcoming year.

July 26-29, 2017

**SafeKids Worldwide Prevcon: Childhood Injury Prevention Convention
Baltimore, MD**

BIAMD was a proud sponsor of this year's PrevCon which brings together domestic and international NGOs, state and federal agencies, corporations and other organizations focused on childhood injury prevention and keeping children safe in and around cars, in the home and while at play. SafeKids Worldwide biennial convention offers an exciting opportunity to meet and network with hundreds of public health and safety practitioners in the field of childhood injury prevention from the U.S. and around the world. This year PrevCon concentrated on ensuring that attendees left with dozens of ideas, strategies to build capacity, new approaches, business cards of new allies, new ideas for educational programs and awareness campaigns and important new research findings to support injury prevention efforts.



**Bryan Pugh (Executive Director)
representing the BIAMD at SafeKids
Worldwide Prevcon**

Call for Presentations



Annual Education Conference March 15-16, 2018

Location: North Baltimore Radison-2004 Greenspring Drive, Timonium, MD 21093

Audience: Individuals with brain injury, family members/caregivers, and a wide range of providers and professionals, including educators, clinical and medical professionals, and representatives from state agencies.

Topics and Presentations: Progress, current and future challenges, strategies for improvement concerning all quality of life issues faced by individuals with brain injury and their families. Presentations should be 60 minutes long; this includes questions and answers from the audience.

- Systematic approaches for identification of brain injury & their implications
- Advances in emergency responsiveness, medical treatment, services & supports
- Co-occurring Conditions (for example, BI and mental health and/or substance abuse)
- Risk Factors for Individual with BI & Prevention Strategies
- Aging with brain injury -- from the individual and family members' perspectives
- Education, Transition to Work, Employment
- Assistive Technology, natural supports (strategies to maximize independence)
- Health, Wellness & Pursuit of the Good Life
- Awareness, Activism & Community Responsiveness
- Systems Change, Government Responsiveness, Partnerships & Collaborative Initiatives

Deadline: All proposals must be received by **November 3, 2017**. Abstracts must be complete and received by this deadline in order to be considered for acceptance. The Conference Planning Committee will review proposals and make decisions at the end of November 2017. Up to 2 presenters per session will attend for free on the day of their presentation.

Please submit proposals by filling out the form on our website:

<http://bit.ly/2017BIAMDCall>

Brain Injury Association of Maryland
2200 Kernan Drive | Baltimore, MD 21207-6665
Phone: 410.448.2924 *www.biamd.org* info@biamd.org

New to Working with Brain Injury?

Are you seeing more individuals with brain injury coming into your program/ placement? Are you interested in your staff learning more about working with individuals living with brain injury?

The Brain Injury Association of Maryland and Behavioral Health Administration are working together to help build Maryland's capacity to better serve individuals living with Traumatic Brain Injury (TBI), and their families by offering training to professionals and organizations that want to enhance their ability to serve individuals who have a history of brain injury.

Our three hour in-person training addresses the following:

- Overview of TBI, who is affected and how
- The connection between TBI, mental health and substance use related disorders
- How to use a quick screening tool to help determine a probable history of TBI
- An introduction to strategies and supports that can be used to help engage people who have TBI related challenges and diminish barriers that prevent full participation at home, work, and the community
- What are the resources and services available to professionals, individuals living with brain injury, and their families around the state and how to access them

For more information, or to schedule a training, please contact:

Caitlin Starr
starr@biamd.org
410-448-2924 (x1004)

Interested in Advertising?

You can now have your company's name in our newsletter through advertising or sponsorship!

For information on how to advertise through a quarter page, half page, or full page ad contact:

Bryan Pugh
410-448-2924
info@biamd.org

Please contact Bryan if you are interested in learning about your sponsorship information and ad sizing!

BIAMD Board of Directors

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Dave Scallion
Jay Scheinberg
Yulena Tuerk
Lisa Wardle

Frances Bateson-Dexter Scholarship Fund

Consider making a contribution to the Frances Bateson-Dexter Scholarship Fund. The Fund provides scholarships to individuals with brain injuries in financial need who wish to attend BIAMD's Annual Conference. Many individuals and family members are unable to attend because of the cost.

Any donation to the "Frances Fund" is greatly appreciated and will be acknowledged in BIAMD's Annual Conference program.

Need More Information on Resources in Your Area?

The Brain Injury Association of Maryland is dedicated to improving the lives and futures of Marylanders affected by brain injury. BIAMD has grown to become the premier source of information, education, advocacy, and hope for the brain injured community in Maryland. Our clinical staff, Caitlin Starr, who will be able to connect you with resources that fit your needs. Please contact us with any questions, comments, or needs you may have!

Contact Information:

Caitlin Starr
Manager of Support Services
starr@biamd.org
410-448-2924 (x1004)

Statewide Brain Injury Support Groups

BALTIMORE

Brain Injury Support Group
UM Rehab & Ortho Institute
(formerly named Kernan Hosp)
Baltimore
1st Monday, 6:30p – 8:00p
Candace Rebeck, (410) 448-6303
crebeck@kernan.umm.edu

Caregivers Support Group
UM Rehab & Ortho Institute,
Baltimore
4th Tuesday, 6:00p – 7:00p
Gwen Alexander, (410) 448-6311

Stroke Support Group
UM Rehab & Ortho Institute, Baltimore
Meets monthly 10:00a – Noon
Pam Cauley (410) 448-6320
Call for the monthly calendar

Sinai RETURN! Brain Injury Support Group
Sinai Hospital - Schoeneman Bldg Baltimore
3rd Tuesday, 7:00p – 8:30p
Lauren Smeton, (410)-601-6080
lsmeton@lifebridgehealth.org

Brain Injury Support Group for Families and Caregivers
Mt. Washington Pediatric Hospital
Every Friday 10:00 am – 11:00 am
Call (410)578-5080

Planting the Seed
UM Rehab & Ortho Institute (formerly named Kernan Hosp)
Baltimore
3rd Monday, 6:30p – 8:00p
This is not a 12 step meeting. It is an opportunity for individuals to share with one another and their experiences with addition and brain injuries, and use one another as resources.
Martin Kerrigan: 443-756-3419
Kara Keller: 410-371-7117

Brain Injury Caregiver's Support Group - Not Currently Active
Loyola Clinical Centers, Belvedere Clinic,
5911 York Road, Suite 100
Baltimore, MD 21212
Every Thursday, 5:00p-6:30p
Phone: 401.617. 1200
email: theclinics@loyola.edu

EASTERN SHORE AREA
Salisbury Support Group for survivors, caregivers, families and friends
Chesapeake Rehab Hospital, Salisbury
2nd Tuesday, 6:00p
Dr. Glen Brooks (410) 546-4600 or (800)938-4600
Anne Clay (410) 742-2820

WASHINGTON DC AREA
BIADC Support Group
National Rehab Hospital, DC
3rd Wed., 5:30p – 7:30p
Ellen Ramsay (BIA of DC)
(301)641- 4793
Carol Bartlett (NRH) (202) 877-1642
ellenwramsay@verizon.net
carol.b.bartlett@medstar.net

Young Stroke Group (20's – 60's)
Bethesda/Rockville area
1st & 3rd Fridays, 10:30a – Noon
Susan Emery (301)792-0781
susan@circleofrights.org

Rockville Brain Injury Support Group
Adventist Rehab Hospital
Rockville, MD
2nd & 4th Thursdays, 6:30p – 7:30p
Tom Wilkinson (240)-498-3981
evolvabi@gmail.com

Breakfast AA Beginner's Meeting
HIRRS in Rockville, MD
11 Taft Court, Suite 100
Rockville, MD
Every Friday 9:30am – 10:30am
Rudy Washington (240) 600-4535
rudolphf67@gmail.com

The John "Jack" Godfrey Brain Injury Support Group at Prince George's
Family Health and Wellness Center of Cheverly
Spellman Conference Room, 1st Floor
2nd Tuesday, 6:00pm -7:00pm
Dawn Moreland, (301)-618-2364
dawn.moreland@dimensionshhealth.org

WESTERN AREA
Mind Matters Support Group for Survivors and Caregivers - Not Currently Active
Transitions Healthcare Sykesville
Sykesville, MD
4th Wednesday, 7:00pm
(410)-795-1100

Headway Support Group - Not currently Active
Western Maryland Hospital Center Hagerstown, MD
4th Monday, 3:00p
Annie Thrift, (301) 745-4548
annie.thrift@maryland.gov

Frederick TBI Support Group for Survivors; Family & Friends invited
Arc of Frederick Co., Frederick, MD
1st Thursday, 6:30p – 7:30p
Anjela McNally (301) 663-0909 x153
amcnally@arcfc.org

NORTHERN AREA
Caregivers Support Group
Union Hospital, Adult Daycare Center
3rd Wednesday, 4:00p – 5:00p
Jakie Pugh (410) 392-0539

SOUTHERN AREA
Charles Co. Brain Injury Support Group
Spring Dell Center
La Plata, MD
2nd Thurs. of each month at 6:30 pm
All meetings held in the Spring Dell Center conference room at the Radio Station Rd. location
Tina Sheff
(301) 934-4561
tsheff@springdellcenter.org

CENTRAL AREA
Anne Arundel County Brain Injury Support Group
LifeQuest – Mary T. Maryland
Severna Park, MD
3rd Tuesday, 7:00p – 8:30p
Debbie Cottrill (410) 320-8948
senjidog@verizon.net

Fresh Start Meeting of Alcoholics Anonymous
An open 12 step mtg geared to individuals living with brain injury & substance abuse
Mary T. Maryland, Severna Park
Wednesday evenings, 6 p.m.
Martin (443) 756-3419 or
Jennifer (443) 481-0317
Mwkerri1@hotmail.com

ONLINE SUPPORT GROUPS
*www.dailystrength.org/c/Brain-Injury/support-group
*www.traumaticbraininjuryforum.com
*www.tbinet.org/support1.htm
***The Knockout Project** – an online Youth athlete concussion support group
<http://theknockoutproject.org/wp/>

Please call the contact person before attending your first support group meeting. Groups may occasionally change a meeting time or location.
Thank you!



**BRAIN INJURY
ASSOCIATION**
OF MARYLAND

2200 Kernan Drive
Baltimore, MD 21207



5K RUN



1 MILE WALK/ROLL/FUN RUN

12TH ANNUAL SCARECROW CLASSIC

Sunday, October 8, 2017

Warm-Up 8:30am Start Time 9am

Location: University of Maryland Baltimore County
1000 Hilltop Circle, Baltimore, 21250



**BRAIN INJURY
ASSOCIATION**
OF MARYLAND

**Maryland brain injury
awareness event!**

Categories include:

- Individuals
- Active Service Members or Veterans
- SNOOZE Runner
- And Teams!

Learn more visit www.biamd.org or contact BIAMD 1.800.221.6443