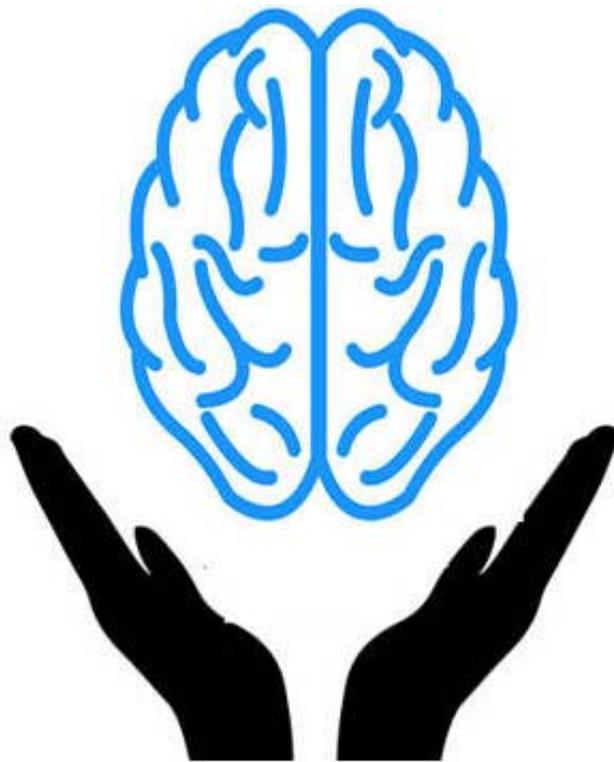




presents

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**2017 BIAMD ANNUAL CONFERENCE
RADISSON HOTEL-NORTH BALTIMORE
TIMONIUM, MD
MARCH 23-24, 2017**

Sponsorship Levels

The Brain Injury Association of Maryland (BIAMD) gratefully acknowledges the generosity of the following underwriters and sponsors who have committed their support to this conference and BIAMD.

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Education Sponsor

The Maryland State Department of Education, Division of Special Education, pays registration fees for at least 40 local school staff members so that they can attend the conference.

*The BIAMD especially thanks
ALCO Pharmacy, John Dexter, The Posner-Wallace Foundation, Leslie Wenger
for their continued support of the
Frances Bateson Dexter Educational Scholarship Fund (the Frances Fund)*

For more information about applying for a scholarship or making a donation to the fund, please contact the BIAMD office at 800-221-6443 or info@BIAMD.org.



The Conference

Brain Injury: Navigating the Journey is a multi-track neuro-conference focusing on issues related to: individuals with brain injury and family members, children and adolescents in the school system, advocacy, and professional and clinical training. The purpose of the two-day conference is to provide state-of-the-art information about brain injury treatment, services, research, and advocacy, and to improve collaboration and networking between individuals with brain injury, families and professionals.

Location

We are pleased to be at the newly renamed Radisson North Baltimore Hotel in Timonium, MD. Our home for the conference will allow us to increase the number of vendors and participants, all in an easily accessible space.

We will be using the Greenspring Ballroom, the Chesapeake and Ridgely Rooms, the Dulaney Valley Ballroom, and The Atrium.

Serenity Space - This year Ridgely 2 has been designated and accommodated to serve as our **Serenity Space**. (See map below). **PLEASE DO NOT USE CELL PHONES OR HAVE CONVERSATIONS OF ANY KIND IN THIS SPACE.**

The Bell - we will be using a bell to signal when it is time to move to your next session.

Cell Phones and other Electronic Devices - please turn your cell phone and pagers off or switch to vibrate mode during the conference. **Please refrain from using your cell phone while in a conference session (especially if you are presenting).**

Conference Disclaimer:

The Brain Injury Association of Maryland does not support, endorse or recommend any specific method, treatment, or program for individuals with brain injury. We endeavor to inform and educate, and we believe that you have the right to know what information is available.

Please do not video-tape or audio-tape any of the sessions unless you have made previous arrangements through BIAMD. Thank you for your cooperation.

CONFERENCE SESSION HANDOUTS

BIAMD has gone **GREEN!** If provided by the presenter, electronic versions of session handouts will be available for download at www.biamd.org under the EVENTS tab.

Handouts will remain available at www.biamd.org through June 30, 2015.



CONFERENCE INFORMATION

EVALUATION FORMS

Your opinions are very important to us and to our presenters. We have provided evaluation forms in your conference folder. Additional blank copies will be available in each break out room. Please fill out one seminar evaluation for each presenter/seminar and return it to the Moderator in the room. The Conference Committee will use your evaluations to help plan the 2016 conference.

This year, you will be receiving an email form with the Overall Conference Evaluation on Monday, March 30, 2015. Thank you for taking time to complete the forms and helping us make next year's conference even better.

CONTINUING EDUCATION UNITS (CEUs) & CERTIFICATES OF ATTENDANCE

We will be offering the following CEUs for this conference:

- ◆ **Commission for Case Managers**
- ◆ **Commission for Rehabilitation Counselors**
- ◆ **Maryland Board of Physical Therapy Examiners**
- ◆ **Maryland Board of Examiners for Audiologists, Hearing Aid Dispensers, and Speech-Language Pathologists**
- ◆ **Maryland Board of Occupational Therapy Practice**
- ◆ **Maryland Board of Professional Counselors**
- ◆ **American Therapeutic Recreation Association**
- ◆ **Maryland Workers' Compensation Commission (MD WCC MCRSP)**
- ◆ **The Maryland Board of Social Work Examiners certifies that this program meets the criteria for Category I continuing education for social workers and associates licensed in Maryland.**
- ◆ **The Maryland Board of Psychologists has stated that CEUs provided through the Maryland Board of Social Work Examiners will be accepted for those wishing psychology CEUs.**

This continuing nursing education activity has been given approval by the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

◆ If you are a **Certified Brain Injury Specialist (CBIS)** or **Certified Brain Injury Specialist Trainer (CBIST)**, the CEUs that you receive for your discipline (OT, PT, etc.) or the general Certificate of Attendance may be used towards renewing your certification. According to the staff at ACBIS, there is no special certificate for CBIS.

◆ **General Certificates of Attendance** will be provided upon request.

If you are requesting CEUs for **ATRA**, there is paperwork that must be completed for each session that you attend; please ask at the Registration Desk for the ATRA CEU packet. Please also note that there is an additional \$10 charge for ATRA to process your paperwork.

ATTENDANCE VERIFICATION

The various professional accrediting bodies listed above have only provided our CEU authorizations for the complete program for each day, rather than individual breakout sessions. In order to offer CEUs and Certificates of Attendance at our events, we must be able to confirm the attendance of our participants. To accomplish this, we have created Attendance Verification/CEU Request Forms that can be found in the material provided at registration. Please complete and return this form each day that you attend the conference. This will provide us proof of your attendance and allow us to continue offering continuing educational credits in the future.



7:15 am – 8:00 am **REGISTRATION AND CONTINENTAL BREAKFAST**

8:00 am – 8:15 am **WELCOME AND CONFERENCE OVERVIEW**

8:15 am – 9:30 am **OPENING KEYNOTE ADDRESS**

Preventing a Serious Public Health Problem Around Mild Traumatic Brain Injury: How did we do?

Gregory O'Shanick, MD

In 2003, Dr. Gregory O'Shanick presented a "Report to Congress on Mild Traumatic Brain Injury in the United States: Steps to Prevent a a Serious Health Problem". In that report, Dr. O'Shanick outlined the pending severe health crisis looming for the United States related to brain injury and several crucial measures needed to avoid or minimize the issues. Much has taken place since that 2003 report with "brain injury" being the signature injury of the Iraq and Afghanistan conflicts, concussion and CTE taking center stage in professional football, and President Obama launching the BRAIN Initiative research effort. In his presentation, Dr. O'Shanick will explore the concerns he expressed 14 years ago, how the issues have been addressed, and consider what more needs to be done now that we are a decade and a half into this health crisis.

9:30 am – 10:00 am **BREAK/EXHIBITORS/SILENT AUCTION**

10:00 am – 11:00 am **CONCURRENT MORNING BREAKOUT SESSIONS – A**

Please chose only one session and make your selection for the appropriate course on the online registration form.

A1 Survivor Sharing Session (Survivors Only)

Alicia Cignatta (S Only)

Survivors of brain injury often find themselves pursuing new work and pastimes, and in both cases, the process can be as much about self-discovery as it is about learning new skills and tasks. This interactive session will engage participants in the topic of recovery as just one more expression of the lifelong journey that all people take. Although brain injury brings distinct challenges, we grow and evolve in the search for what we do well and what makes us happy. Please come prepared to share your own experiences.

A2 Caregivers Sharing Session (Non-Professional Caregivers Only)

Terry Kirtz, MEd, CBIS (F Only)

This session is an open forum where caregivers can share—in a non-threatening environment—the trials and tribulations that they encounter while caregiving for individuals with brain injury. Resources and coping techniques for the caregiver and individuals with brain injury will be shared. This session is open to family and friends who are caregivers—*it is not for professional caregivers*.

A3 Back to School: A Case Study on Returning to School after Sustaining a Head Injury

Colleen Cruice, OTR/L (H, E, F)

Colleen Cruice, a 28-year-old survivor of head injury and a pediatric occupational therapist, shares her personal story and professional insight as to how she conquered her fears and learning struggles after a head injury. She will discuss the effects that concussion can have on a student's learning and academic performance and present a variety of concussion-specific accommodations that may be considered for students with head injuries.

A4 Helping People Who Live with TBI to Make Positive Behavior Change

Christine Higgins, MA (H, E, F)

In this workshop, the provider who works with individuals living with traumatic brain injury (TBI) will learn how, utilizing motivational interviewing, to establish trust and follow the injured person's lead in terms of readiness for rehabilitation. Participants will learn specific techniques for how to avoid argumentation, create a therapeutic alliance, and elicit from persons their reasons to change, including their own desires, needs, and abilities.

A5 Tips and Tricks to Support Communication in Aphasia

Cordelia Peters, MS, CCC-SLP; Jeannine Alleva, CCC-SLP (A)

Communication after a brain injury can be limited; some injured persons have impaired understanding and expression of language (aphasia), which increases the difficulty to communicate. Use of multimodal communication and communication partner training can increase a person's ability to communicate wants and needs, as well as his/her ability to make daily choices. When families/caregivers are provided with an overview of how to support communication as partners and how to utilize multiple modes of communication, they can improve the quality of communication.

A6 Therapeutic Approaches to Facilitating Communication with Patients with Brain Injury in an Inpatient Setting

(H)

Carla Maiolini, MA, CCC-SLP

This session will focus on the assessment and treatment of communication deficits in patients with brain injury in an inpatient setting. It will include lecture format with slide presentation, interactive case studies, and hands-on practice of skills taught during the session.

A7 Innovative Use of Omega-3 Fatty Acids in Brain Trauma

Michael Lewis, MD, MPH, MBA, FACPM, FACN (S, F, H)

Each brain injury is unique, making it very difficult to conduct research on treatment options for them and to understand why some people bounce back quickly and others face a lifetime struggle. In general, individual studies have focused on the success or failure of single medications to promote recovery. Rather than this narrow approach, a broad approach is needed that explores treatments that decrease neuro-inflammation and facilitate neuro-protection and neuro-regeneration. Omega-3 fatty acids derived principally from fish oil offer an advantage in such a broad approach. The speaker will discuss the growing body of scientific evidence and clinical experience that suggests that benefits may be possible from aggressively adding substantial amounts of omega-3s to the diets of patients with brain injury. His presentation will support the viewpoint that given the strong evidence of patient safety and tolerability, omega-3s should be considered mainstream, conventional medicine.

Thursday's schedule continues on the next page.



11:00 am – 11:30 am **BREAK/EXHIBITORS/SILENT AUCTION**
11:30 am – 12:30 pm **CONCURRENT AFTERNOON BREAKOUT SESSIONS – B**

Please chose only one session and make your selection for the appropriate course on the online registration form.

- B1 Nonverbal Communication in Conversations: What Does It Mean?** *Judith Grunwald, PhD, CCC-SLP (S, F, H)*
Difficulty in using and interpreting nonverbal communication causes confusion and misunderstandings, and frequently leads to breakdowns in relationships. This presentation will teach participants to recognize and better understand the importance of managing their own nonverbal communication and to read that of others.
- B2 De-Escalation Techniques** *Candace Rebeck, CTRS, CBIS; Dan Gladmon, DPT (H)*
This session will review signs and symptoms of the escalating behaviors and strategies for defusing situations safely and effectively. We will review a case study in which discussed techniques lead to improved healing of a neurocognitive patient in a structured setting.
- B3 Addressing Brain Injury within Settings Serving Homeless Adults: Screenings, Interventions, and Outcomes** *(H)*
Caitlin Synovec, MS, OTR/L, CPRP; Jan Caughlan, LCSW-C
This session will describe the implementation of methods used to increase services for individuals with brain injury in a community clinic that serves adults who are homeless. Services include screening for brain injury, integration of rehabilitation services, and education for providers to increase their skills and abilities to engage clients with brain injury in their own care. Attendees will have an opportunity to learn background data regarding brain injury within this population. Data regarding the outcomes of services and incidence of brain injury within the population will be discussed, as well as methods to increase engagement of individuals with brain injury.
- B4 Cannabidiol and the Brain: Overview of The Maryland Medical Cannabis Program** *(A)*
Michael Lewis, MD, MPH, MBA, FACPM, FACN; Darrell Carrington
This presentation will describe the patent that has application in limiting neurologic damage after ischemic insults, such as stroke and trauma, or in the treatment of neurodegenerative diseases such as Alzheimer and Parkinson diseases. The speaker will discuss personal clinical experience in treating patients with traumatic brain injury (TBI) and using cannabidiol, particularly for anxiety. An overview of the Maryland Medical Cannabis Program, including the history of the legislation that created the program, how medical professionals can participate, and the current status of the program for patient access, will also be presented.
- B5 Experiencing Brain Injury from Both Sides of the Table** *Laura Morgan, CF-SLP; Anna Miller, CCC-SLP (S, F, H)*
Laura Morgan and Anna Miller met in their first speech-language pathology job after graduate school. Only 4 months later, Laura suffered a serious TBI. In this talk, Laura and Anna will share their own perspectives on recovery from TBI and provide advice for clinicians on supporting people through TBI rehabilitation.
- B6 Visual Consequences following a Concussion** *Jennifer Kungle, OD, FCOVD (A)*
The focus of this session will be the common visual deficiencies that result following a concussion, or mild TBI. Diagnostic and rehabilitative treatment protocols will be discussed, along with an understanding of how the gravity-centered visual spatial processing system is key to a successful rehabilitative program.
- 12:30 pm – 1:30 pm **LUNCH**
- 1:30 pm – 2:30 pm **GENERAL SESSION—BIAMD Presents the Winners of the Partnership for Independence Awards** *(A)*
BIAMD will describe the clinical brain injury resources available to survivors, family members, caregivers, and professionals, including programs administered by the Department Mental Health and Hygiene and the Department of Aging, and demonstrate how using evolving technologies, such as new searchable websites, relational database call centers, and online consumer service capabilities has improved the access to and quality of care.
- 2:30 pm – 2:45 pm **BREAK/EXHIBITORS/SILENT AUCTION**

Thursday's schedule continues on the next page.



Please chose only one session and make your selection for the appropriate course on the online registration form.

- C1 There's No Cure for Brain Injury: A Qualitative Exploration of Contributing Factors of Compassion Fatigue in BI Rehab Professionals (H)**
Gillian Murray, DSW, LSW, CBIS
 Working in the field of brain injury rehabilitation can be rewarding; however, it can also be very challenging. Several research studies concluded that the daily stress and emotional exhaustion experienced by brain injury rehabilitation professionals lead to burnout. Limited research identifies factors of working in this field that increase the risk of work-related stress and clarifies which term is most appropriate to describe the experience of stress in professionals in the field. Semi-structured interviews were utilized to explore what about working in brain injury rehabilitation is difficult, how brain injury rehabilitation professionals experience stress, and what strategies professionals utilize to reduce stress. The results of this study will be presented.
- C2 VA/DoD Guidelines for Management of Postconcussion Symptoms and Applications in the VA Polytrauma System of Care (A)**
Linda M. Picon, MCD, CCC-SLP
 This presentation will discuss the 2016 VA/DoD recommendations for management of military service members and veterans who present with history of mild traumatic brain injury (TBI) and associated symptoms, and it will highlight the implications to the VA Polytrauma System of Care.
- C3 Dealing with Life: How to Deal with Substance Abuse/Misuse after Brain Injury (E, H)**
Martin Kerrigan, MA, EdS, CBIS; Jennifer Ehemann, Kara Keller
 This presentation will review substance abuse issues in individuals with brain injuries, discuss why traditional forms of treatment do not always work for individuals with brain injuries, and examine two different support groups in Maryland that address these issues.
- C4 Best Practices, Practical Techniques, and Trending Research in Music Therapy (E, H, F)**
Rebecca Vaudreuil, EdM, MT-BC; Hannah Bronson
 This presentation highlights outcomes from the clinical implementation of neurologic music therapy interventions used in treatment of TBI, posttraumatic stress disorder, and other health issues. Music therapy treatment protocols include extensive areas of multi-interdisciplinary co-treatment in support of best practices for optimal patient outcome in recovery processes.
- C5 Traumatic Brain Injury and Use of Narcotic Pain Agents: Treatment Considerations in Post-acute Rehabilitation (H,E,F)**
Scott Peters, MS, OTR/L
 Acute and chronic pain affect the ability of a survivor of TBI to engage in rehabilitation efforts. Use of narcotic pain agents may be necessary to manage acute pain, but more comprehensive approaches to effective living with persistent pain should be considered. Addressing the new admission who has a history of using narcotic pain agents is challenging. This presentation will review approaches to begin a healthy dialogue with the survivor of TBI who is being admitted to a post-acute TBI program. We will review specific tools and approaches to be considered at all phases of the admission.
- C6 The TBI Recovery Process—A Legal Perspective (A)**
Stephen Elville, JD, LLM
 In this interactive presentation, the TBI recovery process will be explored from the legal perspective for both the family and affected person, including the sometimes fluid aspects of the legal situation.

3:45 pm – 4:00 pm

BREAK/EXHIBITORS/SILENT AUCTION

4:00 pm – 5:15 pm

CLOSING KEYNOTE**SPRING BREAK: A TRUE STORY OF HOPE AND DETERMINATION***Steven Benvenisti, Esq.*

Steven Benvenisti, Esq., is a partner in the law offices of Davis, Saperstein & Salomon, PC, one of the largest personal injury law firms in New Jersey, and is among the 3% of New Jersey attorneys who are certified by the Supreme Court as Civil Trial Attorneys. He will tell the story of a catastrophic brain injury case (the most significant case of his career), which he has shared with hundreds of audiences throughout the country and which is regularly featured on national television and in the news media. This program will credit, applaud, and enhance the very important roles played by the medical, rehabilitation, and nursing professionals who care for patients with brain injury.

The powerful lessons offered in this program have inspired and changed the lives of those dealing with brain injury. Mr. Benvenisti has received many awards relating to this presentation, including Official Proclamations by the US Senate, US House of Representatives, and the governor of New Jersey.



FRIDAY, MARCH 24, 2017

7:15 am – 8:00 am **REGISTRATION AND CONTINENTAL BREAKFAST**

8:00 am – 8:15 am **WELCOME & CONFERENCE OVERVIEW**

8:15 am – 9:30 am **OPENING KEYNOTE**

Traumatic Brain Injury Research at NIH: Progress and Opportunities

Alison Cernich, PhD, ABPP-CN

The National Institutes of Health funds research in traumatic brain injury (TBI) through a variety of institutes and centers and using multiple funding mechanisms. From basic science to research infrastructure, the NIH advances work to understand the biology of TBI, potential treatments, and ways to support individuals living with the injury as well as those in their care communities. Dr. Cernich will update attendees on the types of research funded by NIH, programs and research networks focused on brain injury, and recent workshops and conferences funded by NIH to support the brain injury community.

9:30 am – 10:00 am **BREAK/EXHIBITORS/SILENT AUCTION**

10:00 am – 11:00 am **CONCURRENT MORNING BREAKOUT SESSIONS – D**

Please chose only one session and make your selection for the appropriate course on the online registration form.

- D1 Redefining Yourself—A Lifelong Process (Survivors only)** *Alicia Cignatta (S only)*
Survivors of brain injury often find themselves pursuing new work and pastimes, and in both cases, the process can be as much about self-discovery as it is about learning new skills and tasks. This interactive session will engage participants in the topic of recovery as just one more expression of the lifelong journey that all people take. Although brain injury brings distinct challenges, we grow and evolve in the search for what we do well and what makes us happy. Please come prepared to share your own experiences.
- D2 Caregivers Sharing Session (Non-Professional Caregivers Only)** *Terry Kirtz, MEd, CBIS (F Only)*
This session is an open forum where caregivers can share—in a non-threatening environment—the trials and tribulations that they encounter while caregiving for individuals with brain injury. Resources and coping techniques for the caregiver and individuals with brain injury will be shared. This session is open to family and friends who are caregivers—it is *not for professional caregivers*.
- D3 TBI Interdisciplinary Fitness and Social Engagement (InFuSE) Development and Initial Outcomes** *(E, H, F)*
Shane Chanpimol, PT, DPT; Lucile Lisle, CTRS
This presentation will provide an overview of the incidence of brain injury in students and present the behaviors that can result from brain injury as well as strategies that can be used when working with students with brain injuries.
- D4 Chronic Traumatic Encephalopathy: Fact, Fiction, and Dispelling the Myth** *Kevin Crutchfield, MD (H)*
Chronic traumatic encephalopathy (CTE) is a recent addition to the sports neurology lexicon. As dramatized in the Will Smith movie *Concussion*, CTE describes a progressive brain degeneration purportedly caused by repeated head trauma. Although CTE is a rare condition, it has been found, post-mortem, in the brains of people who played contact sports such as football. Symptoms of CTE are thought to include difficulties with thinking (cognition), physical problems, emotional dysregulation, and other challenging behaviors. However, CTE is not without its controversies. Using *Concussion* as a backdrop, Dr. Crutchfield will provide the latest research relevant to CTE and comment on the myths and misunderstandings associated with this disease process. Current research and future possibilities associated with the diagnosis and treatment of CTE will be presented.
- D5 Balancing Act: Using Yoga to Enhance Balance, Breath, and Brain Health as We Age, With or Without a History of TBI** *(All)*
Anastasia Edmonston, MS, CRC; Kelli Anders
This presentation will focus on the relationship between aging and brain injury, discussing the complications that aging may present to someone with a history of brain injury and the risk of brain injury for older adults. Evidence on the benefits of yoga and other strategies for brain health will be discussed and demonstrated. Participants will be introduced to simple yoga techniques that are grounded in movement and breath to enhance balance and benefit the brain.
- D6 TBI Survivors—Thinking Deep Through Improved Sleep** *James Foster MS, OTR/L, CBIS (All)*
Survivors of TBI often experience sleep disorders. These symptoms can be influenced by factors such as pain, emotional instability, restlessness, and abnormal sleep/wake cycles. Sleep disturbances have been shown to impact memory, attention, and mood. Interdisciplinary interventions will be discussed that will positively affect sleep and, thus, improve cognition.
- D7 Traumatic Brain Injury and Mental Health in Children and Adolescent Patients** *Maria Butler, PsyD; Stephanie Terracciano, PsyD (H,E)*
The focus of this presentation will be the common changes in emotional and behavioral functioning after TBI. Emotional lability, prevalence rates, features of mental health disorders, and treatment implications will be discussed.

Friday's schedule continues on the next page.



11:30 am– 12:30 pm CONCURRENT AFTERNOON BREAKOUT SESSIONS – E

Please choose only one session and make your selection for the appropriate course on the online registration form.

- E1 Navigating TBI Recovery: The Patient Survivor Perspective** *Frances Grissom, BSN, RN (A)*
This session will be a lively yet grounded panel presentation and discussion with survivors of traumatic brain injury (TBI) who have navigated the uncertainty, pitfalls, and victories of TBI recovery.
- E2 It Takes a Village: End-of-Life Care Management of Patients with Long-Term TBI** *(A)*
Sharon Hallahan, BSN, RN, CRRN, CBIS; Mary Anne Saveoz, RN, BSN, CRRN
The speakers will present two case studies that will provide a glimpse into the unique challenges encountered by a rehabilitation team in a long-term residential setting while they were caring for patients with TBI who also had cancer diagnoses and multiple comorbidities. The speakers will also discuss the structural supports that were ultimately put into place.
- E3 Why Does It Matter What They Are Coded?** *Martin Kerrigan, MA, EdS, CBIS; Darlene Fewster, Ed.D (H,E,F)*
This presentation will discuss the incidence of TBI and its possible educational impacts on school performance. It will also explore the discrepancy between the number of school-aged children who sustain TBI every year and the number of students with diagnosis of TBI who are receiving educational services—and the importance of appropriate identification. Finally, this presentation will explore best practices when working with students with TBI.
- E4 Therapy, Vocational Training and Socialization: The Impact of Real-World Harness Systems in Promoting Recovery in TBI (H)**
Devina Kumar, PT, MS; James Cole Galloway, PT, PhD
How do environments affect rehabilitation? This presentation focuses on the use of enriched immersive environments and low-tech harness systems in real-world settings to promote rehabilitation in moderate to severe TBI.
- E5 Chaos or Preparedness—Sometimes a Choice** *Nathaniel Fick, Esq.; Peter McDowell, Esq. (H,E,F)*
Avoid surprises! Some contacts with police and governmental/administrative authorities is planned, or expected – and, some are not. To avoid misunderstanding, conflict and chaos, meaningful tools will be provided so you are always prepared. A time saver and money saver for all families, and providers who advise families.
- E6 TBI and Spasticity: The Latest in Tone Management** *(H,E,F)*
Angela Davis, PT, MHS, NCS; Dan Gladmon, MPT; Michael A. Dimyan, MD
This presentation will educate participants about the current practices and management of spasticity in patients who have suffered brain injury. Serial casting will be discussed and demonstrated.

12:30 pm– 1:30 pm LUNCH

SILENT AUCTION CLOSING AT 1:15 PM

Friday's schedule continues on the next page.



Please chose only one session and make your selection for the appropriate course on the online registration form.

- F1 TBI, CBT, DBT? What To Do? Psychological and Neuropsychiatric Care of the Patient with TBI** (H)
Margo Lauterbach, MD; Sarah Loeffler, LCSW-C; Andrea Lee Barrocas Gottlieb, PhD
 Patients with traumatic brain injury (TBI) may benefit from a team approach to care that includes psychiatric medications along with psychotherapy. How can these two modes of treatment complement each other, and how are such treatment choices decided upon? We will explain and explore some of these modalities in more depth for clinicians, patients, and families, with an effort to shed light on such clinical approaches.
- F2 Mindfulness in the Context of Neurorehabilitation** *Jessica McWhorter, PhD, ABPP-RP* (H,F,E)
 Over the past decade, interventions based on the facilitation of mindfulness skills have become increasingly popular. This surge in popularity parallels an increasingly robust body of research designed to explore the utility of mindfulness skills among numerous populations. The current research suggests that mindfulness interventions emerge as being helpful among individuals with chronic pain, depression, and anxiety, and in managing stress associated with medical diagnoses such as cancer. This presentation aims to explore the utility of mindfulness within the context of neurorehabilitation and to propose ideas for how to integrate mindfulness into everyday practice.
- F3 Addressing the Needs of Patients with Brain Injury Through Music Therapy** (H)
Melissa Ward, MT-BC; Jennifer Woodruff, MT-BC
 This presentation will include a general overview of what music therapy is and will explore specific interventions used with clients who have brain injury as well as the research that supports this therapy.
- F4 Pseudobulbar Affect and Brain Injury** *Eugenio Rocksmith, MD* (H)
 This presentation will discuss pseudobulbar affect (PBA) and how it must be differentiated from mood disorders, which are commonly caused by acquired brain injuries. It will also discuss how PBA is most prevalent in TBI, stroke, dementia, and multiple sclerosis, and how to address the issues encountered by individuals living with PBA.
- F5 Maximizing Effectiveness Through the Continuum of Care: Neuro Case Study** (H,E,F)
Eva Warschawski-Gonsher, PT, DPT, NCS, CBIS
 This presentation will provide an in-depth case study describing the clinical path of a martial arts instructor over a one-year period, beginning with the onset of his stroke. We will examine the role of the multidisciplinary therapy team across the continuum of care, from acute care to outpatient therapy. Strategies for patient progress and best practice for rehabilitation services will be discussed. Video documentation of the patient's progress from initial rehabilitation admission to one year after injury will be presented.
- F6 From Patient to Parent: Parenting with a Disability** *Sara Frye, MS, OTR/L, ATP* (A)
 This session will discuss strategies for facilitating parenting for individuals with disabilities. Adjustment strategies based on developmental stages will be discussed. Adaptations and resources to facilitate successful parenting for individuals with disability will be reviewed.

2:30 pm – 2:45 pm BREAK/EXHIBITORS

2:45 am – 4:00 pm CLOSING KEYNOTE
Weasilience: Handling Life's Wild Moments
Carole Starr, M.S.

Brain injury is a "wild moment" in the lives of survivors and families. Adapting to it requires resilience. This humorous and inspirational presentation by Carole Starr, founder and facilitator of Brain Injury Voices, will weave together a funny true story, examples from her own brain-injury journey, and resilience research. Participants will leave with strategies anyone can use when coping with adversity.

4:00 pm – 4:30 pm Closing Remarks/Drawing Winners Announced



Keynote Speakers

Opening Keynote Speaker on Thursday, March 23, 2017



Gregory O'Shanick, MD, has been the Medical Director of the Center for Neurorehabilitation Services in Richmond, VA, since 1991. After attending Ohio State University, he entered the University of Texas Medical Branch at Galveston and received his MD in 1977. His post-graduate studies were at Duke University Medical Center. His academic career includes faculty appointments at Duke University Medical Center, the University of Texas Health Science Center at Houston, Medical College of Virginia and, most recently, in the Department of Neurological Surgery and the Virginia Neurological Institute at the University of Virginia. He has authored more than 100 publications, including editing or co-editing three textbooks. As a result of his international reputation in neuropsychiatry and neurorehabilitation, he was asked to be the first National Medical Director of BIAA in 1996, a post he vacated in 2010 when he was elected Chair for BIAA's Board of Directors. His contributions to BIAA during his tenure were recognized by naming him Medical Director Emeritus. Dr. O'Shanick is a member of the American Neuropsychiatric Association, the American Academy of Neurology, the American Society of Neurorehabilitation and a Distinguished Fellow of the American Psychiatric Association. He has previously chaired a panel developing evidence-based guidelines for the evaluation of mild traumatic brain injury and has received commendations from the Center for Disease Control and Prevention and the National Center

for Injury Prevention and Control for his contributions to the CDC Mild Traumatic Brain Injury Work Group and the "Report to Congress on Mild Traumatic Brain Injury in the United States: Steps to Prevent a Serious Public Health Problem" submitted in September 2003. He currently sits on the Examination Committee selected by the American Board of Physical Medicine and Rehabilitation and the American Board of Neurology and Psychiatry to develop the sub specialty Board examination in Brain Injury Medicine.

Closing Keynote Speaker on Thursday, March 23, 2017

Steven Benvenisti, Esq., is a partner at one of the largest personal injury law firms in the United States, with offices



in New York and New Jersey. For the past 5 years, he has been included on the list of the National Trial Lawyers "Top 100 Trial Lawyers." He is honored to be the Vice Chairman of the board of directors for Mothers Against Drunk Driving National and one of the directors of the Brain Injury Alliance. Mr. Benvenisti has received more than 30 awards, including a US Congressional Citation, US House of Representatives Certificate of Special Congressional Recognition, and "Citizen of the Year." He authored *Spring Break: A True Story of Hope and Determination* about a famous case that he handled involving a severely brain-injured college student who received long-term inpatient and outpatient acute care and rehabilitation. *Spring Break* credits the doctors, nurses, and rehabilitation professionals for their wonderful work in improving the lives of patients and their families. Mr. Benvenisti has been a keynote speaker at more than 100 conferences and gladly donates 100% of his honoraria to charity.

Opening Keynote Speaker on Friday, March 24, 2017



Alison Cernich, PhD, is Director of the National Center for Medical Rehabilitation Research (NCMRR) at the Eunice Kennedy Shriver National Institute of Child Health and Human Development of the NIH. She provides oversight for the portfolio of NCMRR, which fosters development of the scientific knowledge needed to enhance the health, productivity, independence, and quality of life for people with physical disabilities. Dr. Cernich works across the NIH to coordinate rehabilitation research and worked with her colleagues to launch the NIH Research Plan on Rehabilitation. She serves on multiple interagency strategic planning committees and government oversight committees for research initiatives in the federal government that are relevant to disability and rehabilitation research.

Closing Keynote Speaker on Friday, March 24, 2017



Carole Starr, MS, has a master's degree in adult education. Before her brain injury, she was self-employed as a corporate trainer. She was also a classically trained violinist and singer. In 1999, while in her home state of Maine, she was broadsided on the driver's side by a vehicle going 50 mph, resulting in her brain injury. For many years, she struggled to cope with the many symptoms of brain injury and to adapt to a life forever changed. Carole was unable to return to full-time work or to music. She's reinvented herself as a speaker on the topic of brain injury and the leader of the award-winning survivor volunteer group Brain Injury Voices. Her 17-year journey after brain injury has taught her a great deal about coping with adversity and finding ways to move forward. She will be sharing resilience strategies during her presentation.



The Brain Injury Association of Maryland (BIAMD) Annual Conference has lots to offer . . .

Quiet Space

For those who need to get away from the hustle and bustle of the conference, silent auction, and other activities, "Quiet Space" will be available. Signs will be posted to direct you to the "Quiet Space." You may also ask for assistance at the conference registration table.

The Silent Auction

- ★ A conference favorite, join in the fun of bidding at the **Silent Auction!**
 - ★ Items available for bidding include:
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And so much more . . .

- ★ Tickets will be sold for the **50/50 raffle!**
- ★ Information about support groups and outreach councils
- ★ A variety of information and resources about brain injury

CONFERENCE SESSION HANDOUTS

BIAMD is going GREEN! If they have been provided by the speakers, electronic files of session handouts will be available, for download from www.BIAMD.org beginning March 10, 2017.

Please download and print these materials if you wish to have them during conference sessions. Handouts will NOT be available at the conference.



MEMBERSHIP

Each year, the Brain Injury Association of Maryland (BIAMD) helps thousands of individuals and families who have been affected by brain injury. Our programs of education, support, advocacy, and recreation are offered for persons with brain injury, their families, caregivers, healthcare professionals, and communities throughout Maryland. Your membership matters. Together, we can create better futures for survivors of brain injury and their families. Your membership will make a difference for all Marylanders living with brain injury and for you.

Join online at the same time you register for the Conference online and get the reduced member pricing for the conference PLUS your year-long membership benefits.

Benefits of your BIAMD membership include:

- ◆ Membership packet with car sticker
- ◆ Access to BIAMD's electronic newsletter, LINKS
- ◆ Free or discounted CEUs at BIAMD's educational events
- ◆ Knowledge that you are helping to create a better future for survivors of brain injury



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| <input type="checkbox"/> I would like to receive information about becoming a BIAMD volunteer. | |
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Brain Injury Services in Maryland

Building the road to recovery together

Mary T. Maryland specializes in neuro-rehabilitation for individuals with brain injuries in the community. In your home or one of ours, we offer services to support you with the adjustment to life after a brain injury. Recognizing complex medical and neurological conditions faced by individuals with brain injury, we work closely with you and your support team to identify your goals and build a program tailored to your needs. Mary T. Maryland offers a Twelve Step program within the Lifequest therapeutic day program to address substance abuse issues as one of the underlying factor for people living with brain injury. Our services include:

Supportive Living Services

Located in Maryland's Anne Arundel County neighborhoods, our Supportive Living Services provide individuals with the opportunity to focus on rehabilitation and greater independence in comfortable and safe environments.

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